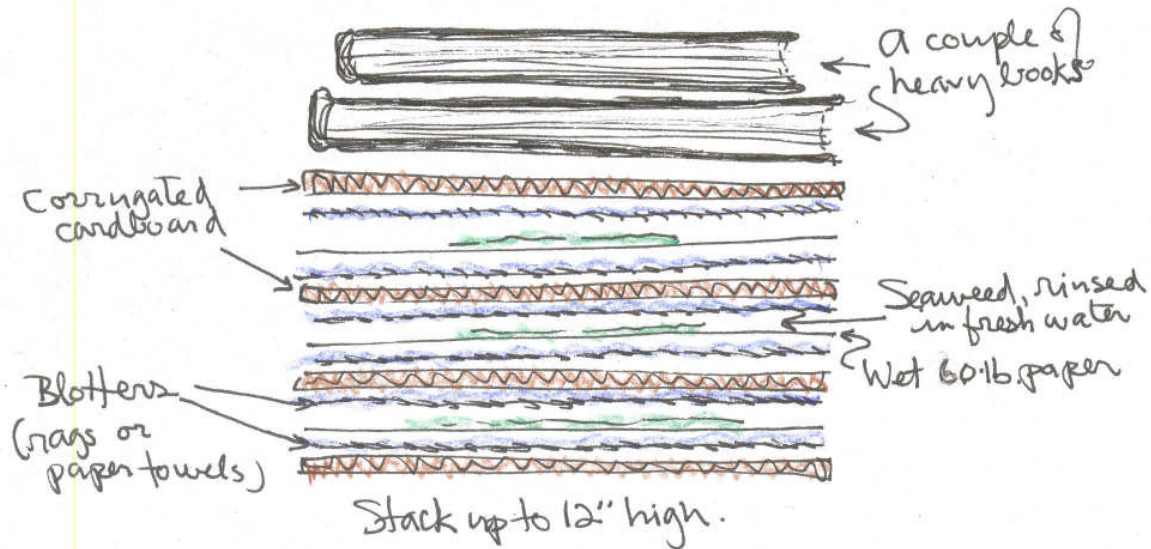


Eileen Flory

How do you press seaweed?

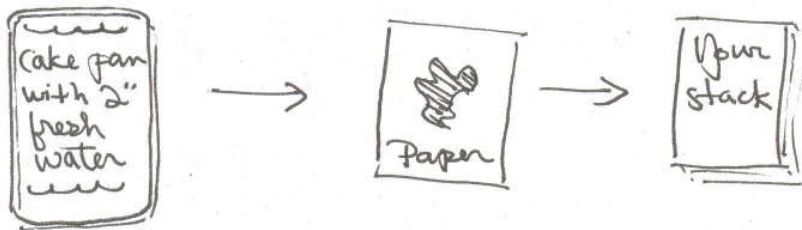
It's like pressing a flower in a book—only wetter!

Most seaweeds stick themselves to the paper as they dry.



Blotters above and below each seaweed/paper unit.

Cardboard above and below each seaweed/blotters unit.



Change blotters daily for three days after the day of pressing. It should all be dry in a week.

As you collect seaweed, try to be easy on the tide pools—watch where you step, and start with just a few specimens.

Go at a very low tide in the summertime.